# Investigation of apples' aging by electric impedance spectroscopy

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Electric impedance spectroscopy, as a fast and non-invasive method, was used to monitor apples' properties during aging. This method provides information about the physical properties of apples which are closely related to the chemical ones. Two different analytical techniques for assessment of the changes of apples' properties during aging time were proposed. The first one is based on a single measurement in the low frequency range (around 100 Hz) and the other one - on Argand plot. According to our results, the observed changes in the electric impedance spectroscopy spectra can be attributed to the changes in the relative moisture content of the apples. The apoplastic and simplistic resistances and relaxation times were derived by modeling the apples' behaviour with equivalent circuit scheme.

Keywords: Apples aging, Dielectric properties, Impedance spectroscopy

### INTRODUCTION

One of today's challenges in food physics field is to establish an exact relationship between the engineering properties of food and the food product quality. The best solution would be to find some fast and non-destructive methods, which can undoubtedly show the food quality.

The electrical properties of food are believed to be sensitive to the food quality and could be used to follow the structural properties changes. Some recent attempts have been made to prove the applicability of such approach [1-6].

We focus our attention on Electrical impedance spectroscopy (EIS), as one of the methods for rapid determination of the electric properties of food. In EIS, alternating voltage is applied to the sample, causing polarization and relaxation in it. This leads to changes in the amplitude and the phase of the alternating current signal and hence the changes in the sample' impedance (Z) can be determined. The impedance is a complex quantity, consisting of real (R) and imaginary (X) parts. At *a priori* known frequency, one defines single values of Z. If one varies the frequency in a certain interval, spectral dependence of Z could be obtained.

The aim of the present work is to find out whether appropriate EIS parameters sensitive to the

changes in the apples' properties during 21 days aging, at room temperature, exist and to propose some applicable techniques for their monitoring.

### MATERIALS AND METHODS

Idared apples were supplied from a local Hungarian market. They were stored at room temperature for period of 3 weeks. The mass of the apples was measured immediately after the apples were bought and each time just before the measurement (1<sup>st</sup>, 7<sup>th</sup>, 14<sup>th</sup>, and 21<sup>st</sup> day). The microbalance used, allowed accuracy  $\pm$  0,001 g of the measured values. Assuming initial moisture content of  $w_0 = 89$  % - wet basis [7] - and supposing that the soluble solid content (11%) remained unchanged during the entire storage period, the relative moisture content of the apples (dry basis) was calculated according to the equation:

$$w = (m - 0.11 m_0) / 0.11 m_0$$
(1)

where  $m_0$  is the initial apple mass, expressed in kg; *m* is the apple mass at the time of the experiment (1<sup>st</sup>, 3<sup>th</sup>, 7<sup>th</sup>, 14<sup>th</sup>, and 21<sup>st</sup> day, respectively), expressed in kg.

For the sake of improving results reliability, each time the mass of 10 different apples (without any treatment) was measured and the standard deviation was calculated.

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EIS measurements were performed on HP 4284A Precision LCR meter and HP 4285A Precision LCR meter, covering the frequency range from 30 Hz to 30 MHz. The voltage had a magnitude of 1 V for all measurements. The experimental values for impedance were corrected for stray admittance and residual impedance (open-short correction) [8]. Plate Ag/AgCl ECG electrodes (Fiab Spa) with a diameter of 10 mm were used, avoiding apples' injury.

For all measurements, cylindrical samples having initial length up to 46 mm and a diameter of 20 mm were cut from the equatorial part of the apples. Impedance magnitude (|Z|) and phase angle  $(\theta)$  were measured at different frequencies. Consecutive shortening of the samples allowed us to gain |Z| and  $\theta$  dependences on the sample length (d).

It is supposed [9] that the open-short corrected impedance  $(Z_m)$  values depend on electrode impedance  $(Z_e)$ , tissue impedance  $(Z_t)$ , and electrode distance (which equals the sample length - d) and the electrode impedance is independent of the place of the measurement. In such case:

$$Z_m = Z_e + d.Z_t \tag{2}$$

where  $Z_t$  is expressed in  $[\Omega / mm]$  and  $Z_m$  is a complex number  $(Z_m = R_m + jX_m)$ .  $R_m$  is the real and  $X_m$  is the imaginary parts of  $Z_m$ :

$$R_m = R_e + d.R_t \text{ and } X_m = X_e + d.X_t \qquad (3)$$

In the present work, the open-short corrected experimental values ( $|Z_m|$  and  $\theta_m$ ) were averaged over three consecutive measurements for one and the same *d*.  $R_m$  and  $X_m$  values for each *d* were calculated from those averaged values as follows:

$$R_m = |Z_m| \cdot \cos \theta_m \quad \text{and} \\ X_m = |Z_m| \cdot \sin \theta_m \quad (4)$$

The obtained values were drawn as  $R_m$  (or  $X_m$ ) versus d dependences. With the help of linear regression, the values of  $R_e$  or  $X_e$  (as the intercept with R or X axis, at d = 0) and  $R_t$  or  $X_t$  (the linear slope) were derived for each sample and each frequency. The coefficient of determination was not lower than 0.98 for all plots. The final values for  $R_e$ ,  $X_e$ ,  $R_t$ , and  $X_t$  were obtain after a calculation of the average value of all measurements at identical conditions. Then after,  $Z_t$  and  $\theta_t$  values were constructed from the averaged  $R_t$  and  $X_t$ , according to the equations:

$$|Z_t| = \sqrt{R_t^2 + X_t^2}$$
 and  $\theta_t = \arctan\frac{X_t}{R_t}$  (5)

Further, the experimental results were modeled by the help of equivalent circuits' method, where the fruit tissue features could be described by means of electrical circuit scheme. The exact elements and connections of the scheme depend on the experimental findings. In this concern, one first constructs Argand plot, representing  $R_t$  versus  $X_t$ dependences. In the present investigations, the corresponding plots (Fig.1) consist of two arcs, which centers lie under the  $R_t$ -axis. Hence, as it was



Fig. 1. Argand plot at different storage time.

pointed out in the literature [10], there is a distribution of the relaxation times rather than a single relaxation time. Following some previous works [10, 11], a model comprising of serial connection of two constant distributed circuit elements (CDCE) and one Ohmic resistance was built so that:

$$Z_{t} = R + \Delta R_{1} \Big( 1 + (j \omega \tau_{1})^{\psi_{1}} \Big)^{-1} + \Delta R_{2} \Big( 1 + (j \omega \tau_{2})^{\psi_{2}} \Big)^{-1}$$
(6)

where R – is an ohmic resistance, accounting for the resistance of the tissue at infinite high frequency;  $\Delta R_1$ ,  $\Delta R_2$ - are the resistances of the first and second CDCE elements, respectively;  $\tau_1, \tau_2$  - are the relaxation times, connected with each of the CDCE elements;  $\psi_1$ ,  $\psi_2$ - are parameters, which account for the relaxation time dispersion;  $\omega = 2\pi f$ , where *f* is the frequency. One gets *R* as the distance between the origin of the Argand plot and the intercept point of the R<sub>t</sub>-axis with the high frequency arc,  $\Delta R_1$  and  $\Delta R_2$ correspond to the lengths of the chords appearing as cross-sectional points of the R<sub>t</sub>-axis with the arcs at higher and lower frequencies, respectively. The relaxation times  $\tau_1$  and  $\tau_2$  are derived from the apex of the high and low frequencies arcs ( $\omega_i \cdot \tau_i = 1$ ), respectively.

 $\psi_1$  and  $\psi_2$  parameters (which vary from 0 to 1) describe the distributions of  $\tau_1$  and  $\tau_2$  relaxation times. When  $\psi = 1$  a single relaxation time is observed, whereas at decreasing values of  $\psi$ , a broadening of the relaxation time distribution appears. The coefficients  $\psi_1$  and  $\psi_2$  were calculated ( $\psi_i = 1 - \alpha_i / 90$ , where  $\alpha_i$  is the angle between the R<sub>t</sub>-axis and the radius of the circle in the intercept point of the circle with the R<sub>t</sub>-axis).

The derived values of R,  $\Delta R_1$  and  $\Delta R_2$  were then used to calculate the simplastic (intracellular),  $R_s$ , and apoplastic (extracellular),  $R_a$ , resistances [11]:

$$R_{a} = R + \Delta R_{1} + \Delta R_{2} \quad \text{and} \\ R_{s} = R \left[ 1 + R / \left( \Delta R_{1} + \Delta R_{2} \right) \right]$$
(7)

The last two equations were built on the supposition that at low frequencies the current may not pass the cell membranes but flows into apoplastic space and at high frequencies the current may pass the cell membranes and so the flow passed through both apoplastic and simplistic space [12].

#### **RESULTS AND DISCUSSION**

The moisture content values for different storage times, calculated from Eqn. 1, are shown in Fig.2. During the entire experimental time period, the moisture content decreases with storage time. In Fig. 3, the frequency dependencies of  $Z_t$  magnitude and  $\theta_t$  (values obtained after Eqns.7-8) are presented. Since the uncertainty did not exceed 4 %, the confidence intervals are not presented in the figure.

As it is seen in Fig. 3A, the impedance magnitude values,  $Z_t$ , show considerable differences in the low frequency interval and the curves merge in the high frequency interval. The frequency dependencies of phase angles,  $\theta_t$ , are very similar for all days of measurements (Fig. 3B). According to these results,  $Z_t$  magnitude values and  $Z_t$  frequency dependence are the EIS parameters, sensitive to the apples' quality changes. Since the main differences were observed in the low frequency interval (up to 400 Hz) one may choose



Fig. 2. Relative moisture content storage time dependence. The line is drawn only for eye guide.



Fig. 3. Impedance magnitude,  $Z_t$ , (A) and phase angle,  $\theta_t$ , (B) frequency dependencies for different storage times.

to monitor the time changes of  $|Z_t|$  at a single fixed frequency in this range. Comparing the results from Figs. 2-3, one might suppose that the changes in both dependencies could be connected and  $|Z_t|$  increase could be attributed mainly to the moisture content decrease. Argand plots at different storage times (Fig. 1) allows one to gain information about the apples' properties change. Each of the plots consists of two arcs. As it can be seen, the arc at higher frequencies (left side) remains almost unchanged during the experimental period, but the arc radius at lower frequencies (right side) increases with storage time. The apex of the arc (the place of the minimum value of  $X_t$ ) moves to higher  $R_t$  values. Hence, the

latter arc is the sensitive one and could be used for apples' properties monitoring.

The processes, taking place during storage time, can be investigated by an exact calculation of all model parameters. The results are listed in Table 1. The parameters connected with the first arc ( $\Delta R_1$ ,  $\tau_1$ , and  $\psi_1$ ) do not show any clear tendency with

Day	R	$\Delta R_{I}$	$\Delta R_2$	$\psi_1$	$\psi_2$	$ au_1$	$ au_2$	$R_s$	$R_a$
	$[\Omega/mm]$	$[\Omega/mm]$	[Ω/mm]			[nsec]	] [µsec]	[Ω/mm	l] [Ω/mm]
1	5	58	449	0.84	0.50	32	33	5	512
7	8	45	516	0.83	0.51	12	41	8	569
14	6	65	656	0.81	0.54	15	46	6	727
21	3	75	737	0.80	0.51	13	50	3	815

Table 1. Model parameters, derived from the equivalent electrical circuit model

increasing storage time.  $\tau_l$  values are very small, in order of nanoseconds, but they still cannot be attributed to an electron polarizability (which is in order of  $10^{-16}$  s [10]). One can assume that the discussed arc appears as an electrical response from the tissue, which has been damaged during the cutting procedure [6]. The second arc properties show very clear storage time dependence. The values of  $\Delta R_2$  increase with time.  $\tau_2$  values also increase with time. One can suggest that when the moisture content decreases, the processes of relaxation take longer time. It is also to be expected, as it is well known that the water plays crucial role in all processes in the biomaterials. The  $\tau_2$  values are in order of microseconds, which corresponds to dipole relaxation process in ionic biomaterial [12]. Simplastic resistance ( $R_s$  in Table 1) does not change with storage time, whereas the apoplastic resistance ( $R_a$  in Table 1) increases. Hence, the inner structure of the apple cells is not disturbed and water losses originate from the extracellular space.

#### CONCLUSIONS

The results show that EIS could be used for monitoring apples' properties during storage. This can be done either by measuring the magnitude of the impedance at one or several fixed low frequencies (from 100 to 400 Hz) or by measuring the impedance spectra in the range from 30 Hz to 30 MHz. In the latter case the parameter, which may be monitored, is the arc radius in Argand plot.

EIS method also allows calculation of structural parameters such as relaxation times of the processes

in the structure, as well as simplistic and apoplastic resistances. In the present investigation, Argand plot consists of two arcs. The parameters of the higher frequency arc (radius and relaxation time) do not depend on the storage time. The parameters of the lower frequency arc are sensitive to the storage time. Relaxation time of this arc is in order of microseconds and increases with storage time. The arc radius also increases. Apoplastic resistance increases with storage time whereas simplastic resistance remains constant during the entire experimental storage period.

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## ИЗСЛЕДВАНЕ СТАРЕЕНЕТО НА ЯБЪЛКИ С ЕЛЕКТРИЧНА ИМПЕДАНСНА СПЕКТРОСКОПИЯ

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#### (Резюме)

Елекричната импедансна спектроскопия, като бърз и недестуктивен метод, е използвана за проследяване на свойствата на ябълките при стареене. Този метод дава инфорация за физичните свойства на ябълките, които са тясно свързани с химичните. Две различни аналитични техники за проследяване на промените в свойствата на ябълките са предложени. Едната се базира на единично измерване в нискочестотния диапазон (около 100 Hz), а втората е основана на Argand диаграмата. Получените резултати показаха, че наблюдаваните промени в импедансните спектри се дължат на промяна във влажността на ябълките. Апопластичното и симпластичното съпротивления, както и времената на релаксация бяха получени чрез моделиране с еквивалентна електрична верига.